

GYM SCHEDULE

Friday, July 29 - Friday, August 12

If the times are blocked off in red the gyms are busy or closed.

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|-----------|---------|----------|--------|--------|--------|---------|---------|------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|
| Friday | July 29 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Saturday | July 30 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Sunday | July 31 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Monday | Aug. 1 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Tuesday | Aug. 2 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Wednesday | Aug. 3 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Thursday | Aug. 4 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Friday | Aug. 5 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Saturday | Aug. 6 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Sunday | Aug. 7 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Monday | Aug. 8 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Tuesday | Aug. 9 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Wednesday | Aug. 10 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Thursday | Aug. 11 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |
| Friday | Aug. 12 | UPSTAIRS | 7 a.m. | 8 a.m. | 9 a.m. | 10 a.m. | 11 a.m. | Noon | 1:00 p.m. | 2:00 p.m. | 3:00 p.m. | 4:00 p.m. | 5:00 p.m. | 6:00 p.m. | 7:00 p.m. | 8:00 p.m. | 9:00 p.m. | 10:00 p.m. |