

GYM SCHEDULE

Thursday, January 19 - Thursday, February 2

If the times are blocked off in red the gyms are busy or closed.

Day	Date	Location	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Thursday	Jan. 19	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Friday	Jan. 20	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Saturday	Jan. 21	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Sunday	Jan. 22	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Monday	Jan. 23	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Tuesday	Jan. 24	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Wednesday	Jan. 25	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Thursday	Jan. 26	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Friday	Jan. 27	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Saturday	Jan. 28	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Sunday	Jan. 29	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Monday	Jan. 30	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Tuesday	Jan. 31	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Wednesday	Feb. 1	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.
Thursday	Feb. 2	UPSTAIRS	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.